

Internet Session Log Sheet

Please start by visiting:

<http://firstclass.ultraversity.net/~linda.hartley/links>

and following the links to each site. Please use this sheet to record your thoughts, feelings and reactions during one session on-line. Brief notes (single words or short phrases are fine) should be entered in each box.

Time	Name of site	Thoughts	Feelings	Distractions

Please return the completed log and, if possible a photo of where your internet session took place, to Linda.Hartley@gmail.com. All information will be treated as confidential. Thank you for your help.